

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Christmas Break	Christmas Break	Bkfst: French toast, goetta, cereal, fruit Lunch: Chicken strips, fries, carrots, roll, fruit	Bkfst: Bagel with cream cheese, cereal, fruit Lunch: Cheese quesadilla, celery, string cheese, fruit
Bkfst: Waffle, sausage, cereal, fruit Lunch: Soft taco, corn, lettuce, fruit	Bkfst: Granola bar, yogurt, cereal, fruit Lunch: 3-way chili, carrots, cheese, beans on the side, fruit	Bkfst: Egg, cheese, bun, cereal, fruit Lunch: BBQ on a bun, baked beans, coleslaw, pickle, fruit	Bkfst: Scrambled eggs, toast, cereal, fruit Lunch: Chicken patty on a bun, fries, cauliflower, fruit	Bkfst: Bagel with cream cheese, cereal, fruit Lunch: Spaghetti/sauce, salad, breadstick, cheese, fruit
Bkfst: Cheese omelet, fruit, cereal Lunch: Chicken Fajita chips with salsa, black beans on the side, fruit	Bkfst: Granola bar, yogurt, cereal, fruit Lunch: BBQ pork patty, mashed potatoes, broccoli, roll, fruit	Bkfst: Pancakes, bacon, cereal, fruit Lunch: Turkey sandwich, soup, celery, fruit	Bkfst: French toast, sausage, cereal, fruit Lunch: Popcorn chicken, mac n cheese, peas, roll, fruit	Bkfst: Bagel with cream cheese, cereal, fruit Lunch: Cheese pizza, carrots, string cheese, fruit
Martin Luther King Day	Bkfst: Granola bar, yogurt, cereal, fruit Lunch: Buffalo chicken calzone, carrots, string cheese, fruit	Bkfst: Egg, cheese, bun, toast, cereal, fruit Lunch: Cheeseburger on a bun, fries, broccoli, pickle, fruit	Bkfst: Scrambled eggs, toast, cereal, fruit Lunch: Chicken quesadilla, cucumbers, string cheese, fruit	Bkfst: Bagel with cream cheese, cereal, fruit Lunch: PBJ uncrustables, celery, soup, fruit
Bkfst: Waffle, sausage, cereal, fruit Lunch: General Tso's chicken, broccoli, rice, fruit	Bkfst: Granola bar, yogurt, cereal, fruit Lunch: Oven roasted chicken, mashed potatoes, green beans, roll, fruit	Brkfst: Pancake/sausage on a stick, cereal, fruit Lunch: 3-way nachos, carrots, beans on the side, fruit	Bkfst: French toast, sausage, cereal, fruit Lunch: Chicken nuggets, fries, cucumbers, roll, fruit	

*Breakfast includes milk

*Lunch includes chocolate or white milk

*This institution is an equal opportunity employer

*Menu subject to change without notice

